

# FFOFC Non-Member Waiver of Claims and Release of Liability

I understand that the Fun, Fit and Over 50 Club (hereinafter, "Club") and its individual members organize a variety of indoor/outdoor activities (including but not limited to hiking, biking, skiing, snowshoeing, camping and paddling). I understand that fellow club members who lead such activities are volunteers with varying levels of experience and ability.

I have full knowledge of the risks involved in participation of the types of Club activities described above, including but not limited to the possibility of personal injury, death, accidents or illness in remote areas without access to medical facilities, and subject to adverse weather conditions and other forces of nature or human error. I acknowledge and assume all responsibility for assessing and determining my personal physical and medical limitations and my ability to participate in each club activity.

In consideration of being allowed to participate in Club activities, I hereby personally assume all risks in connection with Club activities and I agree to forever release, discharge, waive, save and hold harmless the Club, its officers, the activity leaders, sponsors and any agents from any claim by me, or by my family, estate, heirs or assigns arising out of my participation in these activities. This includes, but is not limited to, waiving any and all rights, demands, or claims for damages and causes for suits or actions known or unknown, and further includes but is not limited to medical expenses or other expenses in the event of accidents, illness, other incapacity, death or damage to property.

I understand that the terms of this document are contractual and not a mere recital and I have executed this document as my own free and legally binding act. I have fully informed myself of the contents of this Waiver and Release by reading it before signing below and I am legally competent to sign this Waiver and Release.

**Print Name:** \_\_\_\_\_

**Participant's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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**If Participant is under 18 years old:**

**Print Name:** \_\_\_\_\_

**Signature of parent or guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*Effective 16 January 2020*