

## Water Sports Group Paddles

### FFOFC COVID-19 Guidelines

*(effective November 10<sup>th</sup>, 2020)*

- The “FUN” part of the event should be emphasized.
- Common sense should be used in all situations.
- **No Carpooling** - Participants should either drive to the start of the event or drive there with only members of their household in their vehicle.
- **Launch/Recovery Same Location** - Since carpooling is not currently allowed, events will be scheduled where paddlers can launch and recover at the same location. If and when one-way trips are scheduled, separate guidelines will be developed to address the shuttling of participants and trailers between an upstream launch site and a downstream recovery site.
- **Stay home if Sick** - Anyone who is not feeling well or who has any symptoms of COVID-19 or has been exposed to someone with symptoms, should not participate. If you or anyone you have been exposed to has tested positive for COVID-19, please follow health district and physician guidance before joining a club event.
- **Physical Distance / Face Coverings** - It is everyone’s responsibility to comply with State guidelines such as physical distancing and face coverings. The six-foot physical distance should be maintained. When this cannot be done, a face covering should be worn. Therefore, each paddler should always carry a face covering with them.
- **Safety monitoring** - It is everyone’s responsibility to kindly remind others when they inadvertently digress from these guidelines. Individuals are encouraged to take these reminders with good will. If a member feels uncomfortable with these suggestions, that member should reconsider participating in the group events.
- **First Aid Kits** – The club’s first aid kit will be sanitized when being handed off to the next leader with an aerosol sanitizing spray provided by FFOFC prior to the next event. But, as always paddlers are encouraged to bring their own first aid kit. Also, on the rare event that the club first aid kit is used, the kit should be sanitized afterwards.
- **Club Equipment** – During unloading and loading of club equipment from the trailers, all paddlers will need to wear a face covering when physical distancing is unavoidable. All paddlers must sanitize their paddles upon receiving them at the beginning of the event and then again prior to stowing the paddles. Upon completion of unloading/loading of the equipment, all paddlers must sanitize their hands utilizing the FFOFC provided hand sanitizer.

**These guidelines will remain in effect as long as the applicable State Orders are in effect and may be amended as new recommendations come down from the CDC, State, County, and City governments. Check the FFOFC website for latest version of guidelines.**